

Mitchell Milardo

February 10, 1992 - May 7, 2019

Mitchell Milardo, 27, of Hamden, lost his battle with heroin addiction on May 7, 2019. He fought this demon for over ten years - at times with an intense passion, and other times not. It is difficult to capture Mitchell's life in an obituary - especially because his adult life was largely defined by addiction. He was a kind hearted, caring man who was there for his friends in recovery and when able, never failed to help others get into recovery. His disease brought him to the darkest places of his mind and the actions he took increased his pain.

He played soccer for a few years from age 4 to 7, although he skipped down the field more than he ran! He played baseball and most years was chosen to be on the Hamden Fathers All Star Team. As a youngin', Mitchell went with the flow and also put up with a lot of his sister's shenanigans just to make her happy. Mitchell was a die-hard fan of the Pittsburgh Steelers and proudly wore and displayed any type of paraphernalia he could find.

Mitchell was a master at securing jobs. He prided himself in having his own cash and knew that keeping busy was the best distraction for him. His first job was at Dunkin Donuts where his love of crazy coffee combinations began. He was also a pool technician for the brief time he lived in Florida and loved it.

Mitchell is survived by his parents, Patricia Young-Milardo and Joseph Milardo

III; his sister, Amanda; his uncle and aunt, John Young & Angela, cousins Cody, Brittany, Hailey, and Ashley Young; his uncle and aunt Daniel Young & Debbie; aunt Nancy Young; aunt Karen Milardo; uncle James Milardo; cousins Michael (Amanda) Andrews, Carrie Andrews, and Matthew Milardo. He is predeceased by his grandparents, Karla Young and Joseph and Pauline Milardo.

Flowers are for the living. The family would like to suggest in lieu of flowers, to donate to any non-profit organization that is helping others fight this soul robbing disease of addiction. Suggestions in CT are Lebanon Pines, (a long term treatment program) 37 Camp Mooween Road, Lebanon 06249 and McCall House (a sober living facility) 58 High Street, Torrington 06790. May God bless the warriors who have helped Mitchell along the way and the EMTs who have saved his life countless times. You are the true heroes and we thank you.

Please join us for a service honoring Mitchell's life on Monday, May 13th. The funeral procession will leave Sisk Brothers Funeral Home, 3105 Whitney Ave., Hamden, Monday morning at 11:00 a.m. for a Mass of Christian Burial to be celebrated at 11:30 in Our Lady of Mt. Carmel Church, Whitney Ave. Hamden. Calling hours will be Monday morning prior to the Mass from 9:00-11:00 a.m.

Previous Events

Calling hours

MAY 13. 9:00 AM - 11:00 AM (ET)

Sisk Brothers Funeral Home
3105 Whitney Ave.
Hamden, CT 06518
(203) 288-7114
siskfuneral@sbcglobal.net

Funeral service

MAY 13. 11:30 AM (ET)

Our Lady of Mt. Carmel Church
2819 Whitney Ave.
Hamden, CT

Tribute Wall

KS

“ *Patty and Amanda - I was so saddened to hear about the passing of Mitchell. I'm so sorry that I didn't get a chance to tell you sooner. The obituary is such a tribute to his struggle and I'm sure that he is finally at peace. Love to both of you. Please call if you need anything at all. Kathy Swillinger*

Kathy Swillinger - June 05, 2019 at 12:03 PM

PM

Thanks, Kath. He IS at peace and no longer struggling. But, damn I miss him.

Pat Milardo - June 05, 2019 at 08:35 PM

JE

“ *Dear Joe we are sorry to hear about your son. May he rest in peace.*
Jen and Mike

Jennifer - May 23, 2019 at 07:51 PM

MS

“ *To the family of Mitchell Milardo,
Your touching obituary words struck such a chord in my heart. Your honesty unites us to fight this horrible disease and its destructive power. I too lost my brother to years of drug and alcohol abuse. He passed last May 20 and I feel the loss every day of my life. Our family loved and tried to find help, but it was not to happen in time. May you all find comfort and peace in the happier memories of your loved one.*

*Stay strong,
M. Santilli*


M. Santilli - May 22, 2019 at 08:25 AM

PM

Dear M. Santilli:

Thank you for writing. My condolences on the loss of your brother last year. Addiction IS a horrible disease and Mitchell, over the years, checked himself into detox, 30 days rehabs, and sober houses and he fought. He fought hard, but we lost him. Addiction treatment needs a major overhaul. I'm tired and disgusted of the powers that be that just "talk" about it and nothing changes We keep losing more and more of our loved ones. I'm not sure what I can do as I try to move forward. I always thought and told Mitchell that he wasn't going to be a statistic; that he was going to beat this. Obviously, I was wrong.

pat milardo - May 22, 2019 at 07:47 PM

 Nancy Young

“ *Loved his laugh as a child! His goofy side and how he loved being in the action/ middle of things. When Oma was putting in her flooring in the living room - he was right there helping with removing the old. The vacation time with the beads in his hair or the countless times I would find him snuggled up with my dogs Bailey and Rocky as they all watched TV together. I wish I had more time with him - as so many others who loved him would as well. Left too soon! You will be so missed!*

*May you rest in peace,
Love Aunt Nancy*

Nancy Young - May 15, 2019 at 05:55 PM

AN

“ I did not know Mitchell or ever met him. However, your words of truth & honesty touch me. The fact that, in spite of his addiction, you loved him wholley and unconditionlly. I suffer from bipolar disorder. Perhaps not the same, but i hope to be understood, forgiven, & loved as you have your son. Thank you for being open & sharing. Your light shines in the darkness & have given me hope.



angel - May 15, 2019 at 02:17 AM

PM

Angel, thank you for taking the time to share. We need more kindness and understanding in today's world. God Bless.

Pat Milardo - May 15, 2019 at 10:28 PM

CK

“ To Amanda and family,

I am so saddened for all of you. No words can take your pain away but you are certainly wrapped in love by family and friends and hope that can bring you some comfort. Sending our love and keeping you in our prayers. Gary and Cheryl Kasprzycki

cheryl kasprzycki - May 14, 2019 at 09:03 AM

PM

Thank you, Cheryl. Your love and prayers are very much appreciated.

Pat Milardo - May 15, 2019 at 10:29 PM

CV

“ I did not know your son, but I do know the pain addiction inflicts on family members only too well. My 20 year old son is struggling with drug addiction, and I almost lost him 3 times last year. He is doing well in recovery now after more than one aborted attempt, but we know that recovery happens one day at a time. It truly is a soul robbing disease as you perfectly stated in his obituary. Thank you for your honesty in placing his obituary. I wish his parents and sister peace and strength. My heart goes with you.

Cathy V - May 12, 2019 at 07:41 AM

MG

Thank you for sharing. May your son over come this dreadful time in his life. Praying for you and your son.

Michele Sayers Grull - May 13, 2019 at 08:18 AM

DE

Dear Patty, Amanda, and Joe,
We were so sorry to hear of Mitchel's tragic struggle and your loss. Just the other day I was transferring the old VHS tapes to DVD and we were watching the shows the kids used to put on. They were so serious and goofy. Those were beautiful times. I hope that someday those memories soften your grief. My heart breaks for you. Deborah Edery

Deborah Edery - May 14, 2019 at 01:46 AM

PA

Thank you. I'm happy that your son is doing well and pray that he will continue. If he relapses and you have a way to get him into a long term treatment program - a year being the best option - that will be the best shot he has. His brain needs time to heal. Best of luck to him.

Patty - May 14, 2019 at 11:36 PM

PM

Dear Debbie:

I often think of the innocent times our children had growing up on Village Circle. Thank you for always including Mitchell and being so kind and loving to both my children...and me.

Pat Milardo - May 15, 2019 at 10:38 PM

LP

“*Dear Joe, Patty and Amanda,
Our hearts go out to you, all as you struggle through this difficult time in your lives!!
I can still picture Mitchell as that adorable little boy, playing outside with Francesca, Filomena and Amanda. Always with that sweet, mischievous smile, Mitchell had that fun and adventurous personality that made him just so sweet!!
Please know that we are thinking of you and praying for you! May you find comfort in knowing Mitchell is sitting beside Our Lord with nothing but Joy and Peace in his heart!!*



Lisa Francesca and Filomena Paulsen - May 11, 2019 at 02:30 AM

PA

Thank you. He was adorable, wasn't he?

Patty - May 14, 2019 at 11:40 PM

LP

Yes, Patty!! They both were!!

Lisa Paulsen - May 17, 2019 at 04:02 AM

M<

“ Mitchell will forever be in our hearts <3
purchased the Garden of Sweet Memories Caske
t Spray for the family of Mitchell Milardo.

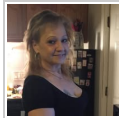


Mitchell will forever be in our hearts <3 - May 10, 2019 at
03:51 PM

MG

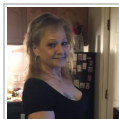
“ My heart and prayers go out to all of the family and friends of
Mitchell. May you all find comfort in your memories!

Michele Sayers Grull - May 10, 2019 at 02:10 PM



*I'm so sorry for this family's lose such a young sweet looken man.u can
tell he was kind hearted.just because u have a addiction does not
mean u are not a real person.its a diease that u can not control it.it
grabs old of u and it's for real we're loseng so many beautiful people
too this drug I have my 21year old son and nephew 36 and I lay in bed
at night and pray I don't hear my phone ring.i truley feel your pain and
I'm sincerely sorry.*

Becky Regan - May 11, 2019 at 03:00 AM



I will pray for u all as u go through this God bless.

Becky Regan - May 11, 2019 at 03:01 AM

GM

*Dear family of Mitchell,
We were so moved by the obituary we read in the NH Register today.
Thank you for sharing the challenges you faced as a family dealing
with addiction. Although we do not know you, we are praying for you
and sending our deepest sympathy to you and your family after the
loss of Mitchell. We will send a donation to the treatment centers you
described. We are so very sorry for you loss.Georgia and Jim Morgan*

Georgia Morgan - May 12, 2019 at 07:57 PM

PA

Thanks, Shel. For everything. Love you.

Patty - May 14, 2019 at 11:40 PM

CT

A friend brought your sons amazing obituary to my attention. Thank God you all were so open to share his suffering. Too many of us hide their battle. I too have a great son who struggles with all that comes with addiction. I will pray for Mitchell & all addicts.

c torello - May 15, 2019 at 03:53 PM

PM

Dear Becky,

Praying for you, your son, and nephew. Thank you so much for taking the time to write.

Patty

Pat Milardo - May 15, 2019 at 10:39 PM

PM

Dear Georgia and Jim:

Thank you so much for taking the time to share your feelings. It means so very much. And thank you for donating.

Patty

Pat Milardo - May 15, 2019 at 10:42 PM

AV

*Patty,
i am so sorry for your loss. You and your family are wonderful to share the love you have for Mitchell and the struggle that you all faced. i can see the happy memories coming through and i hope those memories bring you comfort.*

Ann Vance

Ann Vance - May 16, 2019 at 08:10 PM

PM

Thank you, Ann. Mitchell struggled and was in so much emotional pain for many, many years. He's free now.

Pat Milardo - May 17, 2019 at 01:20 AM

PM

Dear C. Torello:

Thank you for sharing. I will pray for your son and will continue to pray for all the others suffering.

Pat Milardo - May 17, 2019 at 01:24 AM