



Mary Jo Pohl

July 31, 1945 - June 7, 2025

It is with heavy hearts that we announce the passing of Mary Jo Pohl, age 79, of Hamden, CT, on June 7, 2025, at Yale New Haven Hospital, surrounded by love. Born on July 31, 1945, in Pittsburgh, Pennsylvania, Mary Jo carried the warmth and resilience of her hometown with her throughout her life.

After graduating from high school in Pittsburgh, she attended the University of Steubenville, where she met the love of her life, Michael Pohl. Together, they shared nearly 59 beautiful years of marriage — a partnership built on laughter, devotion, and unwavering support.

Mary Jo had a lifelong passion for learning and teaching. She began her career as an elementary school teacher and later found her true calling in early childhood education, eventually becoming a beloved preschool teacher and director. Her joy in helping young minds grow was matched only by her gift for connecting with people of all ages — from tutoring high school math students to sharing her love of books with her grandchildren.

A spirited sports fan, Mary Jo cheered loyally for her hometown teams — the Pittsburgh Steelers and Penguins — as well as UConn women's basketball and Quinnipiac men's hockey. She was also a devoted tennis fan and an enthusiastic player herself, enjoying the game well into her later years.

Above all, Mary Jo cherished her family. She leaves behind her loving husband, Michael; her children, Kevin (Maggie) of Salt Lake City, UT, Ryan (Nanette) of Cocoa Beach, FL, and Karen (Shaun) Abbott of Wethersfield, CT; and her four adored grandchildren, Audrey, Liam, Teagan, and Paige, who

lovingly called her "Nana." Her kindness, strength, and generous spirit live on in each of them.

She was predeceased by her parents, Joseph and Audrey Dwyer, and her younger brother, Patrick Dwyer. She is survived by her brother, James Dwyer, and many dear friends and extended family members whose lives were touched by her warmth and grace.

Mary Jo will be remembered as a loving wife, mother, Nana, sister, teacher, and friend. Her legacy is one of compassion, joy, and quiet strength — and she will be deeply missed by all who knew her.

The family will have visiting hours between 5:00 and 7:00 pm on Friday, June 13, 2025, at Sisk Brothers Funeral Home located at 3105 Whitney Ave, in Hamden, CT and a funeral Mass will be held at 10:30 am on Saturday, June 14, 2025, at Our Lady of Mount Carmel Church located at 2819 Whitney Ave, in Hamden, CT.

Previous Events

Visitation

JUN 13. 5:00 PM - 7:00 PM (ET)

Sisk Brothers Funeral Home
3105 Whitney Ave.
Hamden, CT 06518
(203) 288-7114
siskfuneral@sbcglobal.net

Funeral Mass

JUN 14. 10:30 AM - 11:30 AM (ET)

Our Lady of Mt Carmel
2819 Whitney Ave
Hamden, CT 06518-2544
(203) 248-0141

Tribute Wall

JD

“ Dear Mike and Family,
I am so sorry to hear about Mary Jo passing. I extend my sincere condolences to the family.
Love
Judy

Judy Dempsey - June 19, 2025 at 03:18 PM

RV

“ Dear Mike and family. I was one of Mary Jo's tennis players. We enjoyed many games together at High Lane Club . This was such a shock to lose her. She will be missed and her tennis buddies will remember all the fun we had together. Wishing you all peace and comfort during this difficult time. Rhonda & James Voos

Rhonda Voos - June 18, 2025 at 09:00 AM

EM

“ Our deepest condolences to the Pohl family at this difficult time. May you take comfort in all the memories you all shared. God Bless
Edward McEnerney

Ed McEnerney - June 13, 2025 at 05:06 PM



“ Arrive in Style was purchased for the family of
Mary Jo Pohl.



June 13, 2025 at 02:13 PM

LH

“ *What a lovely friend, tennis partner, neighbor, and human being Mary Jo was! She made an indelible mark-spirited and deeply caring- on everyone she met. She will be missed. Laura Hurwitz*

Laura K Hurwitz - June 13, 2025 at 01:31 PM

FN

“ *from Kaye and Nile planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Mary Jo Pohl.*

from Kaye and Nile - June 12, 2025 at 12:09 PM

FN

“ *from Kaye and Nile purchased the Arrive in Style for the family of Mary Jo Pohl.*



from Kaye and Nile - June 12, 2025 at 12:09 PM



“ *A [Memorial Tree](/store/Product.aspx?ProductId=4518) was planted in honor of Mary Jo Pohl.*

June 12, 2025 at 09:11 AM



“ *Medium Dish Garden was purchased for the family of Mary Jo Pohl.*



June 12, 2025 at 09:11 AM



“ A [Memorial Tree](/store/Product.aspx?ProductId=4518) was planted in honor of Mary Jo Pohl.

June 11, 2025 at 08:55 PM



“ Blue Caribbean Bouquet was purchased for the family of Mary Jo Pohl.



June 11, 2025 at 08:55 PM



“ I have had the pleasure of playing tennis with Mary Jo for years. We shared many laughs and great points! I will miss her friendship both on and off the court 🎾

Susan Higgins - June 11, 2025 at 08:29 PM



“ Beautiful in Blue was purchased for the family of Mary Jo Pohl.



June 11, 2025 at 07:54 PM



“ A [Memorial Tree](/store/Product.aspx?ProductId=4518) was planted in honor of Mary Jo Pohl.

June 11, 2025 at 07:54 PM

KA

“ Karen A. planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Mary Jo Pohl.

Karen A. - June 11, 2025 at 07:49 PM

KA

“ Karen A. purchased the Beautiful Heart Bouquet for the family of Mary Jo Pohl.



Karen A. - June 11, 2025 at 07:49 PM

CH

“ Cora, Benjamin, Sara and Taylor Harwood purchased the Sentiments of Serenity Spray for the family of Mary Jo Pohl.



Cora, Benjamin, Sara and Taylor Harwood - June 11, 2025 at 04:53 PM



“ A [Memorial Tree](/store/Product.aspx?ProductId=4518) was planted in honor of Mary Jo Pohl.

June 11, 2025 at 03:10 PM



“ Peaceful White Lilies Basket was purchased for the family of Mary Jo Pohl.



June 11, 2025 at 03:10 PM



“ Jim planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Mary Jo Pohl.

Jim - June 11, 2025 at 11:02 AM



“ Jim purchased the Lavender Reflections Spray for the family of Mary Jo Pohl.



Jim - June 11, 2025 at 11:02 AM



“ Chris & Erin Harwood purchased the Sentiments of Serenity Spray for the family of Mary Jo Pohl.



Chris & Erin Harwood - June 10, 2025 at 10:45 PM

FL

“ From your nieces - Katie, Jen, and Laura purchased the Arrive in Style for the family of Mary Jo Pohl.



From your nieces - Katie, Jen, and Laura - June 10, 2025 at 09:48 PM

KF

“ Kelly Pulaski and family purchased the Country Basket Blooms for the family of Mary Jo Pohl.



Kelly Pulaski and family - June 10, 2025 at 06:57 PM



“ A [Memorial Tree](/store/Product.aspx?ProductId=4518) was planted in honor of Mary Jo Pohl.

June 10, 2025 at 05:09 PM



“ Beautiful in Blue was purchased for the family of Mary Jo Pohl.



June 10, 2025 at 05:09 PM

ME

“ We were so sad the hear about Mary Jo’s passing. We have had the pleasure of knowing her for many years at High Lane Club. She was always involved in helping others and making HLC a better place. She will be missed. Our heartfelt condolences to Mike and her family.

Marianne and Mark Enslein

Marianne Enslein - June 10, 2025 at 01:57 PM