



## Lauren Rose Hughes

March 19, 1984 - October 20, 2017

The journey of Lauren Rose Hughes through this life ended unexpectedly and too soon on Oct. 20, 2017. The loving daughter of Thomas H. and Nancy G. Hughes III of New Haven, Lauren was born on March 19, 1984.

Lauren found inspiration in the words of Oscar Wilde, "Where your life leads you, you must go," and she wholeheartedly embraced this advice as she did life itself. All in her orbit agreed, this talented, driven young woman was heading to the stars, and destined not only to achieve high standing, but also brighten the places wherever her life's pursuits took her. Even when obstacles cropped up in her path, none deterred her, not even epilepsy. Always an excellent student who earned high honors, Lauren graduated Hamden High School, and she received an undergraduate from McGill University in Montreal. She was working on earning her MBA at the time of her death. The inquisitive, sharp and agile intellect that led Lauren to excel in academics also served her well in her professional life. She worked in the biomedical field after graduating university. She was working as a Account Manager for Bio-Chem Fluidics, a job she loved. Lauren was a devoted and beloved daughter, granddaughter, cousin and niece, and friend. She was like an older sister to her younger cousins, all of whom she adored and loved her back equally. Lauren is survived by her maternal grandmother, Shirley Okun, her maternal grandfather Abraham Goldberg and his wife Janet Goldberg, of New Mexico; her maternal aunt Susan Benjamin and uncle Robert Benjamin, of New York; and her cousins, Victoria Benjamin and Stephanie Benjamin, both

of New York. In addition, Lauren is survived by her paternal grandmother, Rita G. Hughes, of Cheshire; her paternal aunt Mary Hughes, of Cheshire and Nancy Roy of Florida; her paternal uncle Peter Hughes and aunt Rochelle Hughes, of Middletown; her paternal uncle Paul Hughes, of Cheshire; and her cousins, Ryan Hughes, of Woodbridge, VA; Margaret Hughes, of Middletown; and Erin Hughes and Chelsea Hughes, both of Middletown. She was predeceased by her paternal grandfather, Thomas H. Hughes Jr., of Cheshire; and her paternal uncles, Kevin Hughes and Timothy Hughes, both of Cheshire.

A Mass of Christian Burial will be Celebrated on Thursday at 10 a.m. in ST. Bridget Church, 175 Main St., Cheshire. Friends are asked to go directly to church. Burial in St. Bridget Cemetery. Calling hours are Wednesday from 4 - 8 p.m. in Sisk Brothers Funeral Home 3105 Whitney Ave. Hamden. In lieu of flowers Memorial contributions in Lauren's name may be made to Citizens United for Research in Epilepsy, CURE, at [www.cureepilepsy.org](http://www.cureepilepsy.org), or 430 W. Erie, Suite 210, Chicago, IL. To leave an online condolence please visit [www.siskbrothers.com](http://www.siskbrothers.com)

# Cemetery Details

## St. Bridget

Cheshire, CT

# Previous Events

## Calling hours

OCT **25**. 4:00 PM - 8:00 PM (ET)

Sisk Brothers Funeral Home  
3105 Whitney Ave.  
Hamden, CT 06518  
(203) 288-7114  
[siskfuneral@sbcglobal.net](mailto:siskfuneral@sbcglobal.net)

## Funeral service

OCT **26**. 10:00 AM (ET)

St. Bridget Church  
171 Main St.  
Cheshire, CT

# Tribute Wall

NM

“ *Nancy L Hughes-Lauren's Mother lit a candle in memory of Lauren Hughes*



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**Nancy L Hughes-Lauren's Mother** - December 28, 2025 at 09:29 AM

RI

“ *Dear Tom, Nancy, and Family,*

*Our deepest condolences from all of us at Martinez Couch & Associates, LLC for the loss of Lauren Rose.*



*We know she is at peace now and wish you the strength to get through this difficult time.*

*You are in our thoughts and our hearts.*

*With Love,*

*All of your friends at Martinez Couch & Associates, LLC*

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**Rima** - October 26, 2017 at 09:26 AM

Profile icon

“ *Basket Full of Wishes was purchased for the family of Lauren Rose Hughes.*



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October 24, 2017 at 05:20 PM

MN

“ Our hearts are hurting at the tragic loss of sweet, kind, brilliant Lauren. While we are still reeling from the shock of the suddenness of this dear souls departing, may you all find some comfort in knowing about all the prayers, love, and condolences that are being offered.

One quick memory of Lauren happened during the first golf benefit for Tim Hughes, Lauren's uncle...Lauren, then about 24, was one of the many volunteers. At a rare quiet moment, she presented a beautiful greenish colored Pandora bead to me, to Tim's wife Nancy, and a couple others. She wanted us to have a keepsake so that we always remembered the time, each other, and of course, Tim. We were all so touched by this simple, profound gift---and that was Lauren. The gesture meant a lot then, and even more, now., Tom and Nancy, we are so sorry. No words really seem appropriate and we cannot imagine the pain but we will keep Lauren in our hearts forever right there next to Timmer.

Love, Prayers and good wishes always...Mary and Greg Nagle

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**MARY D NAGLE** - October 24, 2017 at 11:51 AM



“ Beautiful in Blue was purchased for the family of Lauren Rose Hughes.



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October 23, 2017 at 03:21 PM

ES

“ Although I never had the pleasure of meeting Lauren I feel like I knew her somewhat as her Aunt Sue always spoke kindly of her. I offer your entire family my deepest condolences on Lauren's passing. May her memory be for a beautiful blessing.

*Ellen Kruger Steinberg*

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**Ellen Kruger Steinberg** - October 23, 2017 at 12:24 PM

JR

“ Nancy and Tom, I am sorry to hear of your loss. I can't even imagine what you are going through, but know that we are all here for you. I never had the honor of meeting your daughter, but I can tell from others, that she was an amazing, giving, intelligent and loving person. Our thoughts and prayers are with you through this saddened time.

*Thinking of you,  
Janet Rose*

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**Janet Rose** - October 23, 2017 at 11:49 AM

TR

“ Dear Tom, Nancy and Family,  
From out of the area we send our heartfelt condolences and prayers for the loss of your Daughter Lauren Rose.  
Our faith tells us that for everything, GOD has a reason, a purpose. Although difficult to accept and understand for now, having read Lauren's obituary we have to believe that is true!  
No doubt GOD called Lauren Rose home to help bring love and peace to this world and hopefully bring a cure to the terrible disease she fought every day as she continued to reach her dream.  
We know Lauren Rose is at peace now, may GOD give you strength and courage to get through these very difficult days.  
Love and prayers,  
Tony and Joan Rizzo

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**Tony and Joan Rizzo** - October 23, 2017 at 11:44 AM

WL

“ I met Lauren while doing a site evaluation for a playground in Danbury. Lauren was there to oversee the process and learn. She showed up with a smile and a show me what ya got attitude. She was inquiring and understanding of all that we we were doing. I can not imagine why such a life would end so early. I do know she really looked up to her Dad for his smarts and his sense of humor. My thoughts are with my friend Tom in this difficult time.

Regards  
Wes and Sallie Lee

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**wes Lee** - October 23, 2017 at 09:41 AM

RE

“ *My husband and I were friends with Lauren while she was living in Keene. She stood out as smart and kind, and was always up for an adventure. We'll miss her. Our hearts go out to her family. - Mike and Rachel*

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**Rachel Eschle** - October 23, 2017 at 09:27 AM

RC

“ *Nancy and Tom, I know how your heart is breaking right now. Lauren was a beautiful, generous kind person . My heart aches for you and your family xxxooo, Roberta and Mike Curtis*

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**Roberta Curtis** - October 23, 2017 at 07:14 AM