



Francis J O'Connor

November 11, 1942 - February 8, 2026

His family and his legion of friends lost a generous, considerate, and kind-hearted man, Francis (Frank) James O'Connor, on Sunday, Feb. 8, 2026, at Connecticut Hospice. Frank was born Nov. 11, 1942, the oldest child of Francis Timothy O'Connor and Eileen Fitzpatrick O'Connor, who predeceased him, as did his brother, Thomas Timothy. He is survived by his sister, Patricia of Branford, his sister-in-law, Starr of Hamden, and his niece, Kathleen (Katie), of Boston. In addition, Hundreds of friends will miss his warmth and grace. Our lives will be emptier. Frank graduated from Notre Dame High School and Providence College. He went on to earn his master's in social work from UConn. He spent his life helping others. During his career, he served as the assistant director of Social Work at Bridgeport Hospital and then in the Yale-New Haven Hospital Clinics; he ended his career as a social worker for the New Haven Public Schools. He was also an adjunct professor at the University of New Haven. Frank had a remarkable talent for friendship; he kept in touch with dozens of people he met throughout his life, from his career and travels to the various places he had lived, including England and Omaha, Nebraska. A longtime resident of Longmeadow Condominiums in Milford, he knew almost everyone there; some of the residents affectionately called him "the Mayor." He always had a smile and often, a joke or humorous remark to share. He loved the theater. Just six weeks ago, Frank attended several Broadway performances, thoroughly enjoying each. He would gather extra playbills to share with friends. He delighted in telling people that as a

child, he had studied Irish Step Dancing; occasionally, you could persuade him to demonstrate. A Mass of Christian Burial will be celebrated Tuesday February 17, 2026, at 11:00am in Our Lady of Mt Carmel Church, 2819 Whitney Ave, Hamden. Interment with follow at All Saints Cemetery in North Haven. Visitation at Sisk Brothers Funeral Home, 3105 Whitney Ave., Hamden will be Tuesday morning prior to the funeral mass from 9:30-10:30am. Please visit www.siskbrothers.com to leave an online condolence.

Cemetery Details

All Saints Cemetery

700 Middletown Ave.
North Haven, CT

Previous Events

Calling hours

FEB 17. 9:30 AM - 10:30 AM (ET)

Sisk Brothers Funeral Home
3105 Whitney Ave.
Hamden, CT 06518
(203) 288-7114
siskfuneral@sbcglobal.net

Funeral Mass

FEB 17. 11:00 AM - 12:00 PM (ET)

Our Lady of Mt Carmel
2819 Whitney Ave
Hamden, CT 06518-2544
(203) 248-0141

Burial

FEB 17. 12:15 PM (ET)

All Saints Cemetery
700 Middletown Ave.
North Haven, CT

Tribute Wall

JA

“ Frank was a dear friend. His generosity and his care for others made him a delightful and loving person! He was always fun and loving; we always felt like a dinner or party was complete with Frank. May he rest in peace.

Jo Clare Wilson and Nancy Anderson - February 22 at 02:40 PM

RB

“ To Frank's family,

I have known Frank since the 1990's when I was a special education teacher at East Rock School in New Haven, Ct. Frank was the social worker assigned to my students. Together, we visited the homes of our students which was often an interesting or/and sad shared experience. Our close work relationship spilled over into an after work friendship. Frank knew my kids and always expressed concern about my crazy life as a single mom of three young children. A funny, thoughtful and caring man, he would bring me small presents from his travels and invited me over for several home cooked dinners. Great food and talk!

Recently, we had a lovely phone conversation.

I consider myself very lucky to have known Frank and I am sure he is resting in peace now and the angels are watching over him. It's difficult to find people like Frank nowadays. He was a very special man.

I am so sorry for your loss.

Ruth Bard

Ruth Bard - February 20 at 05:45 PM

EC

“ As a neophyte social worker at Milford Heights in February 1978, Frank O'Connor was my very first supervisor. For nearly two years, he offered guidance and support as I attempted to apply theory to practice. Frank was kind, rich in knowledge and resources, and an example of compassion with an ample dose of humor. He's unforgettable and I remain grateful to him for his influence in my career. Happy trails, Frank...until we meet again. Elizabeth Sennett Crocco

Elizabeth Sennett Crocco - February 18 at 07:31 PM

BJ

“ Brian J. planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Francis J O'Connor.

Brian J. - February 16 at 04:06 PM



“ A [Memorial Tree](/store/Product.aspx?ProductId=4518) was planted in honor of Francis J O'Connor.

February 16 at 05:59 AM



“ Arrive in Style was purchased for the family of Francis J O'Connor.



February 16 at 05:59 AM

AB

“ Andrew Sorbo, Paul Grubbs Nancy G. Bridges purchased the Rose Remembrance for the family of Francis J O'Connor.



Andrew Sorbo, Paul Grubbs Nancy G. Bridges - February 15 at 01:53 PM

RM

“ We first met Frank on a visit to our friend Anne in Connecticut. We were later lucky to have him as a traveling companion on 2 cruises, the Danube and Ireland/Scotland. We referred to him as the "Mayor" of our Danube because he knew all the passengers and crew. He was delightful, warm and charming. We cherish our memories of our time spent with him. Joe and Ruth McKeown, Rehoboth Beach, Delaware

Ruth McKeown - February 15 at 12:18 PM

BK

“ My father and Frank's father were friends and he was a witness at my parents' marriage. Years later, Frank and I discovered each other when we both worked as social workers at St Raphael's Hospital. Frank loved to entertain us with his step dancing and his marvelous sense of humor. Over the years we would bump into each other at social work events and share memories. He made his mark in the lives of so many people and he always improved the quality of life for the people around him with his smile and good natured humor.

Beverly Cushen Kidder - February 12 at 04:41 PM

DP

“ Frank was a dear friend for many years. We would talk on the phone almost weekly. He had great humor and I will miss his friendship very much.

David Perry

David Perry - February 12 at 10:02 AM

ME

“ Have known Frank for over 30 years. Shared memories of Yale New Haven, Celantano School, Providence College, Turks. Always brought me The Providence Journal when I missed home. Leisurely lunches with friends and fun gossip. What a guy!! Miss you Frank.

MARJORIE EICHLER - February 11 at 06:35 PM

MA

“ Such a great guy. We knew each other from being at the Longmeadow pool during the many summers we've lived here. I'd be swimming, and he would be soaking up the sun in his favorite lounge chair. I'd check the pool from my porch before going for a swim and he'd almost always be there when the pool opened in the morning. He will be missed.

Maureen - February 10 at 08:19 PM

BS

“ Frank was a great neighbor and had the pleasure of knowing Frank since I was a child. He was always with a smile on his face, often lending a helping hand and loved to share things. He was one of nicest people I have ever met and he will be missed by so many. I will miss passing him on his walks to Fred's house or his daily pool trips to catch a tan and take a snooze. Rest Easy Frank, will never forget your kindness ❤️

Bonnie Schwartzberg - February 10 at 07:41 PM

TA

“ *My sincere condolences Pat. After having the privilege of taking care of your mother finding out your brother lived 1 street over. I enjoyed walking over and spending time with Frank before I moved. He was a great man.*

tanya - February 10 at 07:01 PM

KS

Saying good by to a friend of 50 years is very difficult and only softened by the recollection of the many occasions he flooded you with his wiry smile and acid comments . He was a walking authority on theatre, actors and especially notables from the past. If there was a Theatre-based Jeopardy, he would have been the top winner. But he was a champion in making one burst into laughter with his funny gossip about himself, you or people that you knew together. He had an unlimited loyalty to friends, probably inherited from his great parents. Recently it was said that he was the end of an era...and that is so true. There was never a word of meaningless or disregard uttered. He always had a word on the tip of his tongue to have you shaking with laughter.or he mailed you an article he found that he knew would fracture your funny bone.. He frequently told me that he was mad at me as he felt his mother loved me more. The O'Connor family will always be a part of my own life path. God blessed me when they became my second family. My love extends to wonderful Pat as well.. May you feel loved as you and your family did to me and others.

KENNETH SAUSE - February 11 at 11:02 AM

JC

I had the pleasure of studying Irish dancing alongside Fran when we were very young. He had a natural talent for dancing jigs, reels and hornpipes and won many medals at Irish Feis competitions. He will be missed by many.

John Crawford

John Crawford - February 13 at 07:12 PM

KK

“ 1 file added to the tribute wall



Kit Kaolian - February 10 at 06:39 PM